

SANIVISION CARE — VIBRACORE™

Find your *inner frequency.*

A remote vibrational accompaniment, offering you a space for calm,
presence and personal alignment — wherever you are.



COHERENCE

A renewed sense of unity, away
from noise and demands.



PRESENCE

A space to observe yourself,
breathe, and return to yourself.



CLARITY

A regular ritual to reclaim mental
space.

Free Mini Discovery Session

30 minutes · by appointment · sanivision.care/book

SANIVISION.CARE/BOOK

Thuatha Daghdha, practitioner — ACMOS, Five Elements & Yi King approach

VibraCore™ is a non-medical well-being accompaniment. Details overleaf.

THE JOURNEY

A path, at your own pace.

Free Mini Discovery Session

A no-commitment first step, to experience the approach and set an intention.

**30 min
free**

Full Session with Interventions

An extended session with targeted interventions, to deepen the accompaniment.

Includes a session report.

**90–120 min
€75**

Transition Cycle

A weekly accompaniment to build a new inner rhythm.

**6 to 8
weeks**

Post-Cycle Accompaniment

A continuity defined together, based on your well-being and current needs.

tailored

Maintenance Session — Prevention

A regular appointment to sustain the balance you've found.

maintenance

HOW A SESSION UNFOLDS**I****Settling In**

You settle into a quiet space, away from screens and interruptions.

II**Remote Session**

A guided time of intention, listening and vibrational alignment (90 min), entirely remote.

III**Integration**

A return to calm, followed by a simple practice to carry into the days ahead.

Your session summary is available in your client space within 18 hours.

PLEASE READ BEFORE BOOKING

VibraCore™ is a well-being and personal-development accompaniment. It is not a medical act, a diagnosis, or a treatment, and it does not replace medical or psychological care or emergency support. For any health concern, distress, or urgent situation, please consult a qualified professional.

Book your free mini discovery session

30 minutes, no commitment — sanivision.care/book

Thuatha Daghdha

Practitioner — Sanivision Care

Booking — sanivision.care/book

Email — Thuatha@pm.me

BEFORE YOUR SESSION

A form, to welcome you better.

The intake form lets you put your intention, your current context, and a few practical details in writing, to support your comfort during the remote session.



Scan to
download

HOW IT WORKS

1. Scan the QR code opposite, or download the form directly at the address shown.
2. Fill it in at your own pace, in a calm moment.
3. Send it back before your session, by email or through your client space.

sanivision.care/Sanivision_Intake_Form.pdf

This form isn't mandatory, but completing it beforehand is strongly recommended.

WHY IT'S PREFERABLE**I A session fully devoted to the accompaniment**

Session time stays entirely focused on the vibrational work rather than preliminary questions — giving you greater depth.

II A clearer intention from the start

Writing your intention down, with a clear mind, helps the practitioner receive it fully and shape the accompaniment from the first minutes.

III More coherent follow-up over time

These notes, kept in your client space, help connect each session to the last as your journey unfolds.

The form asks for no medical data: no diagnosis, no history, no current treatment. It covers only your intention, your feelings, and your comfort for the remote session.

One small step, before we begin

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TO GET STARTED

The VibraCore™ orientation document.

This document outlines the framework of the VibraCore™ accompaniment — the approach, how sessions unfold, and a few markers to help you get oriented before we begin.



Scan to
view

HOW IT WORKS

1. Scan the QR code opposite, or go directly to the address shown.
2. Take the time to read it before your first session.
3. Note down any questions — they can be discussed before the session.

sanivision.care/orientation

WHAT THE DOCUMENT COVERS**— Overview of the approach**

The foundations of VibraCore™ and the non-medical nature of the accompaniment.

— How a session unfolds

The typical remote stages, from intention to integration.

— Ethical framework

What VibraCore™ offers — and what it does not replace.

— What to expect

Possible sensations, the pace of the journey, and how to track your own progress.

The orientation document is an informational and preparatory resource. It does not constitute medical advice or a contractual commitment, and it does not replace medical or psychological care or emergency support.

Review the document before your session

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